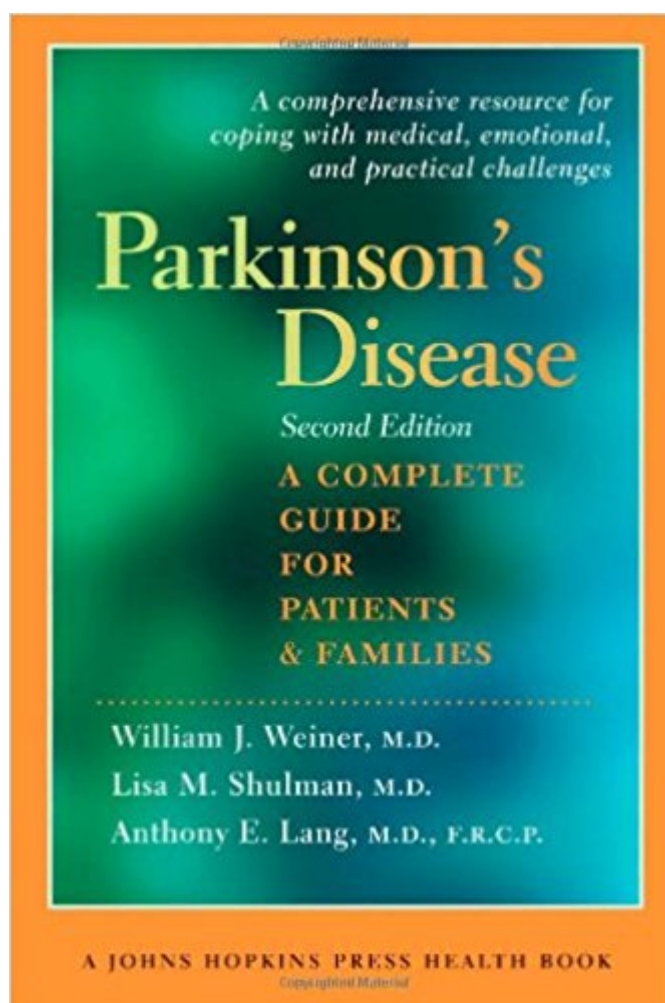


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# Parkinson's Disease: A Complete Guide For Patients And Families, Second Edition (A Johns Hopkins Press Health Book)



## Synopsis

Recent innovations, including deep brain stimulation and new medications, have significantly improved the lives of people with Parkinson's disease. Nevertheless, medical, emotional, and physical challenges remain. The second edition of this accessible and comprehensive guide provides crucial information for managing this complex condition, including details on the use of medications, diet, exercise, complementary therapies, and surgery. The second edition includes new information about:

- The genetic and hereditary pattern of the disease
- Medications and uses of established medications
- Other approaches to treating the symptoms of Parkinson's
- Juvenile-onset Parkinson's disease
- Normal pressure hydrocephalus
- The effects of fluctuating hormones on disease symptoms
- Fetal cell transplants and porcine cell transplants
- The nutritional supplement Co-Enzyme Q10

## Book Information

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## Customer Reviews

As a result of actor Michael J. Fox's disclosure that he has Parkinson's disease, public discussion about both the symptoms and treatment of this illness has heightened. This attention is important, according to these authors, all specialists in the treatment of Parkinson's and other neurological disorders, because it is a progressive, chronic disease whose symptoms including trembling, uneasy gait and loss of dexterity mimic those of other diseases, which can often lead to misdiagnosis. One of the most frustrating aspects of Parkinson's is that it manifests itself differently in each of its victims, which makes coping with this disease particularly challenging. Nonetheless,

what is most important, aver the authors, is that both Parkinson's patients and their families have access to the most up-to-date treatment including new drugs, surgery and other therapies (diet, speech therapy, acupuncture), and with compassionate, clear writing, they provide an excellent overview. Leaving no stone unturned, Weiner, Shulman and Lang also advise patients about less clinical but equally important matters such as dealing with health insurance companies and informing employers. Particularly useful for readers are the Q&A section and a comprehensive resource directory. Obtaining an accurate diagnosis is the first step, after which patients and their loved ones will find this practical guide the perfect complement to a physician's care. Illus. Copyright 2001 Cahners Business Information, Inc. --This text refers to an alternate Paperback edition.

Parkinson's disease affects over one million Americans and has recently has received notoriety thanks to actor Michael J. Fox's diagnosis. Weiner, director of Maryland Parkinson's Disease Center, presents known facts and clarification about this degenerative neurological disease. Physical, behavioral, and psychiatric signs and symptoms exhibited during mild, moderate, and advanced stages of the disease are examined, as are diseases that can mimic Parkinson's. The author emphasizes the questions patients should ask and the tests they should undergo before a diagnosis is made, and he outlines drug and surgical treatments, including alternative and complementary therapies. Somewhat clinical in tone, this title is more comprehensive than the American College of Physicians' Parkinson's Disease (DK, 2000), but it is not as effective as Caring for the Parkinson Patient, 2d ed., edited by J. Thomas Hutton and Raye Lynne Dippel (Prometheus, 1999), in providing information on daily coping skills and psychological adjustment to the disease. Still, the guide is excellent for its current medical and research information for the newly diagnosed. Janet M. Schneider, James A. Haley Veterans' Hosp., Tampa, FL Copyright 2001 Reed Business Information, Inc. --This text refers to an alternate Paperback edition.

Items shipped as promised and were exactly as advertised. Very happy with transaction

This is a review of what our medical system is doing for PD patients are currently experiencing currently little hope

A very informative book which covers the entire spectrum of what Parkinson's disease is and isn't. Recomendend for anyone who has been diagnosed with or family members of those with Parkinson's. Well written and easy to understand for the lay person.

As a neurologist who specializes in treating Parkinson Disease, I have reviewed many patient-oriented texts on the subject over the years. Over the last few years I have bought and "loaned" copies of this book to many, many patients with Parkinson Disease. While I try to answer any and all questions during patient visits, the reality is that there is so much more ground to cover than could even be done in 20 patient visits. Drs. Weiner, Lang, and Shulman have done a fantastic job of creating a resource that is comprehensive yet accessible to the average (non-medical) person with PD and their family members. In my experience, information is key to helping patients navigate the stormy sea of Parkinson's. Thank you, Doctors.

To the point, no useless (vague or imprecise) fluff, packed with info on every aspect of Parkinson's disease, clearly presented with authority, yet easy to understand. I've read quite a few books on Parkinson's disease, this one is the most useful. Key learnings: 1. Symptoms of the disease at different stages 2. Accurate diagnosis of the disease 3. Cause of the disease 4. Treatment of the disease: Drugs, surgery, alternative treatments, physical exercise and speech therapy Chemical names and trade names of drugs, mechanism of how they work, side effects and interactions. Limitations and effectiveness of different treatments 5. Debunked many misconceptions about the disease and treatments 6. Current researches, FDA drug approval process

This is an excellent book. Very informative and helpful. It has a lot of information essential to PD sufferers and their families. I highly recommend.

My husband reads this over and over.

As a primary-care physician, and a person coping with Parkinson's Disease myself, I give this book my highest praise. I have studied Parkinson's Disease intensively in the 3 years since my diagnosis, yet I learned quite a bit from this book. The authors present everything which is important for patients to know in a remarkably clear and understandable style. I intend to strongly recommend this book to all my patients who are struggling with this disease, regardless of their educational level or state of disability. I say bravo, and thank you to the authors!

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